

**MOVING FORWARD TOGETHER | RESURGENCE AND ANTI-RACISM**  
JUNE 27, 2022



**MESSAGE FROM THE CHAIR**

Dear Faculty, Staff and Trainees,

Many of us are highly concerned about recent rulings by the Supreme Court. The overturning of Roe v. Wade on Friday and the ruling last

Thursday that strikes down a New York law that strictly limited carrying guns outside the home are developments that threaten our society. You likely saw the message from the CEO and the Dean about Penn Medicine's commitment to safe, effective, evidence-based reproductive health care. We must continue to advocate for laws that protect human rights and our communities. I know we have our work cut out for us.

Yet, Summer is here and school is out. I strongly encourage you to consider planning a vacation. Think about what you might enjoy doing that will give you a change of scenery. Maybe it is a camping trip or a trip to the Barnes. Maybe it involves attending a music festival. Whatever you decide, you'll find that it does a lot of good to take some time away from work. In the meantime, please continue to take good care of yourself. Make sure you keep to your personal routines in terms of exercising, sleeping, and eating. Build your resilience by practicing altruism and engaging in gratitude. There are plenty of opportunities to do so!

Finally, thank you for all the work that you do! It is vitally important work and collectively we strive to make a difference in people's

lives. Whether you work in clinical settings, conducting research, training the next generation or behind the scenes to make it all possible, there is a lot for us to be proud of. And for that, I thank you and wish you a Happy Fourth of July!

Warmly, m

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#### **CONGRATULATIONS DR. RACHEL TALLEY!**



Dr. Rachel Talley, MD, Director of Public and Community Psychiatry Fellowship is joining residency leadership as Associate Director for Curriculum. This year, to remain “cutting edge” a committee chaired by Christian Kohler, MD made recommendations to the program regarding didactic curriculum. This is a wonderful opportunity for the residency training program to have Dr. Talley join us and focus particularly in this area among other initiatives. In addition to her outstanding work in residency education, she is also Director, COBALT Spaces of Color and Director, UPenn Departments of Psychiatry/Neurology Brain Research Advancing Inclusion in Neuroscience (BRAIN) Program. We are delighted that Dr. Talley will join the residency leadership team.

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#### **CONGRATULATIONS LAUREN DUBNER!**



Dr. Lauren Dubner, MD, PGY III Resident received the American Psychiatric Association Resident Recognition Award. This award is presented to residents who exemplify APA's values in leadership, clinical excellence, and/or community service.



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**WELLNESS RESOURCES**

Click [here](#) to access our Wellness Resources.

During these uncertain times, help is available through [PennCOBALT](#) and [PennMedicineTogether](#).

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## THANK YOU FOR YOUR SERVICE.

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### Vision

Promoting health for the brain and mind to transform lives and the world.

### Mission

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world renowned clinical services, and transformational public health policies.

Click [here](#) to access the Penn Psychiatry website.

Click [here](#) to access the CPUP Committee on Anti-Racism

